**HFS Spring 2019 in DC: What to wear, What to pack, How to be**

**Clothes:**

* Comfortable shoes. **Wear a pair and bring an extra pair.** We will be walking A LOT. It’s what you do in DC.
* Check the forecast: Have an umbrella/hat/raincoat if you think you’ll need them.
* Dressing for adults, 101: **Wear Layers.** Bring sweaters/jackets that you can layer if it’s cold, remove if warm. Scarves, not just for stylin’.
* Theater /alumni lunch clothes: Sadly, people don’t dress for the theater any more so you don’t have be LBD fancy. But you should be “business casual.” Nice trousers, clean tops, if possible not jeans.
* Please look decent: You are representing the University of Richmond. You will be meeting alums and officials.
* GENERALLY Pack as though you might fall in a lake or mud pit. Bring a couple of changes of clothes.

**Smart Traveler:**

* Bring prescriptions and medications. Dr. Drell travels with a pharmacy if you get stuck (thermometer, aspirin, ibuprophen, Neosporin, Imodium, Pepto, band aids, etc….)
* Electronics: Fully charge phones before we leave for the day. Hotel rooms may lack outlets. Consider a multi-outlet/port charger and portable battery pack.
* Backpacks and museums: different museums have different policies but all have security protocols. Bags will be searched. Bring smallest backpack/tote you can. If you have a large bag, you may have to check it. My strategy: I carry a backpack within which I have a smaller cross-body purse containing my wallet & phone. I wear the smaller purse in the museum.
* Exception: Library of congress. There are separate protocols for the LoC. You’ll need laptops. In general, familiarize yourself with their requirements: <http://www.loc.gov/rr/personalbelongings.html>

**Travel strategies from a cautious traveler**

* I don’t expect to be robbed but I’m prepared just in case. That way, if it happens it isn’t a time-consuming mess. I keep Xerox copies of my passport separate from my passport. I don’t wear “the good” jewelry. I keep copies of credit card numbers and bank phone numbers in case I lose the card. I back up my data religiously.
* IMPORTANT: I am aware of my surroundings when I travel. It’s easy to spend a trip looking up in amazement while someone snatches your bag. So … don’t do that! Don’t be afraid but be aware. Clutch tightly your phone/bag on a crowded subway train. It is just common sense. Don’t travel alone.

Check list:

* ID—not just your school ID but your passport/license
* ALL PRESCRIPTION MEDICATION
* Some money, credit card
* Phone, charger
* Laptop/work
* Any hardcopy itinerary we give you with phone numbers, etc.